

**Let's feel better together with gentle  
YOGA for all!**

**Taught by Bonnie Fairbanks-Stangel—CYT**

**Everyone is welcome and encouraged to attend  
and participate!**

**Bena Community Center**

**5-6 pm**

**Every Monday beginning February 25, 2019  
until May 20th**

**\*Yoga mats and a light snack provided**



**Sponsored by:**

**Leech Lake**

**JOM Post Secondary**

**Youth Programs**

**YCDPP—MDH**

**For more information :**

**Liz at 335.3728**

**Youth Programs Office at**

**335.3653**

